

**Registration Deadline:
March 15, 2006**

- | | |
|---|----------|
| Check your category: | Price |
| <input type="checkbox"/> Participant | \$375.00 |
| <input type="checkbox"/> SU Alumni | \$275.00 |
| <input type="checkbox"/> SU Clinical Instructor | \$200.00 |

Name _____

Address _____

email _____

phone _____

Shenandoah University
TO REACH WINCHESTER...

Take one of three routes:
Route 50W or
Route 7W (Take Interstate 81S to
Exit 313 onto Route 50W) or
Interstate 66W to 17 North. (The
speed limit here is 45 mph and they
mean it. It will be about 5 miles. At
the light, which is the end of this
road, turn left onto 50 West.)

In all cases enter the city of
Winchester on Route 50W.

As you enter Winchester on 50W you
will cross Interstate 81. Very shortly
after crossing Interstate 81 you will
go through 2 traffic lights. Bob
Evans restaurant is on your right.
Immediately after the second light
there is a fork in the road. At the fork
stay to the right and continue on
Route 50W. Shenandoah University
main campus is on your right.
Physical Therapy is NOT there. We
are a few miles west.

Pass through the light at Pleasant
Valley Road (50W will now be
marked Millwood Avenue); cross the
railroad tracks; go through three more
lights (there is a McDonald's on the
left). Continue straight, turn right at
the second street on the right, Stewart
Street. Our building, 333 W. Cork
Street, is on the left, at the corner of
Stewart and Cork Streets. If you turn
left onto Cork Street, parking lot #2
marked Visitors is on the right.

The PT Program is located on the
Ground Floor. Use the entrance to the
Ground Floor, which is adjacent to
the parking lot. Go straight down the
hall, make a left when you reach a
wall at the end of that hall and then
take the first right. We are the 2nd
door on the left.

Phone: 540-665-5523
Fax: 540-665-5530
E-mail: mwoff@su.edu

Method of Payment

- Check made payable to:

Shenandoah University
School of Continuing Education

Mail check and registration form
to:

Shenandoah University
Division of Physical Therapy
333 West Cork Street, Suite 40
Winchester, VA 22601

AAOMPT
and

Shenandoah University
Division of Physical
Therapy
Present

**Manipulation:
An Evidence Based
Approach**
A Clinical Instructor and
Faculty Workshop

April 21 and 22, 2006

Shenandoah University
Division of Physical Therapy
333 W. Cork St., Suite 40
Winchester, VA 22601
540-665-5523
www.su.edu

Course Description

This 2-day clinical instructor and faculty forum and laboratory workshop is designed to assist with the enhancement of thrust and non-thrust manipulation in clinical and academic physical therapist programs. This program, cosponsored by the AAOMPT and Shenandoah University, provides the current best evidence on mobilization/ manipulation in the management of musculoskeletal disorders and discusses the methods and resources available to more fully integrate these procedures into the current professional curriculum and clinical internships. The main part of the program will be hands-on learning sessions in select spinal and extremity manipulation with an emphasis on skill acquisition and laboratory instructional methods. The classroom sessions will focus on strategies/ recommendations for incorporating these techniques into clinical and curriculum instruction, faculty/ clinical instructor-student ratio recommendations and models, sample instructional material and testing materials, and professional practice and regulatory issues. The areas emphasized will be based on evidence from recent clinical trials using manipulation to treat the spine and extremities.

Course Objectives:

At the conclusion of this course the participant will have gained:

- 1) An understanding of current best evidence on mobilization/ manipulation in the management of musculoskeletal disorders.
- 2) The ability to integrate mobilization/ manipulation into current professional curriculum and clinical internships.
- 3) Acquire skills in select spinal and extremity manipulation techniques to integrate into current professional curriculum and clinical internships.

Program Outline

Friday, (April 21, 2006)

8:00 Background of Manipulation Education Manual (Legislative and Regulatory Considerations/ Educational and Practice Standards)

9:30 Evidence for Lumbar Spine Manipulation

10:15 Break

10:30 Indications / Contraindications/ Perceived Harm

Lumbar Spine Lumbo-Pelvic Techniques

12:00 Lunch

1:00 Manipulation Integration: Teaching Strategies/

Upper and Lower Extremity Techniques

3:00 Break

3:15 History of Manipulation

3:50 Lab Session: Thoracic Spine Techniques

Saturday, (April 22, 2006)

8:00 Review/ Q&A

9:00 Faculty and Clinical Instructor: Recommended

Qualifications

10:00 Break

10:30 Evidence for Cervical spine manipulation

Harm/perceived harm/indications

11:00 contraindications for c-spine manipulation

12:00 Lunch

1:00 Cervical Spine Techniques

2:00 Course Syllabi Development/ Clinical Internships-small group discussion

2:30 Practical Examination

3:00 Break

3:15 Fostering skills in academic and clinical faculty

Wrap-up

Location:

Shenandoah University
Division of Physical Therapy
333 W. Cork St.
Winchester, VA 22602

Fees:

Participant: \$375.00

SU Alumni: \$275.00

SU Clinical Instructor: \$200.00

Ron Schenk PT, PhD, OCS, FAAOMPT, Cert. MDT is an Associate Professor of Physical Therapy at Daemen College in Amherst, NY where he teaches musculoskeletal physical therapy in their Doctor of Physical Therapy program.

Dr. Schenk earned his BS degree in Physical Therapy and MS degree in Sports Medicine from Ithaca College. He completed a residency program in orthopaedic manual physical therapy through the Gulf Coast Graduate Physical Therapy Institute and earned his PhD in Education from the University at Buffalo. He is credentialed in Mechanical Diagnosis and Therapy through the McKenzie Institute (Cert. MDT), and has completed the course sequence in Diagnosis and Treatment of Muscle Imbalances through Dr. Shirley Sahrmann.

Dr. Schenk is an Orthopaedic Clinical Specialist with the Catholic Health System and also holds an appointment with the Department of Rehabilitation Medicine at the University at Buffalo. He has published his clinical research in several peer-reviewed journals and has presented at national and international conferences.

Dr. Schenk is active in the American Academy of Orthopaedic Manual Physical Therapists (AAOMPT) and the Western District of the New York State American Physical Therapy Association. He is also a member of the Board of Directors of the McKenzie Institute, USA

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